

Lou Henry Hoover (girls in grades K-12th)

The Lou Henry Hoover award program is designed to help girls learn about history in a way that directly relates to their lives.

All grade levels must complete six activities included the four starred activities.

Discover:

1. *Visit the Herbert Hoover Presidential Library and museum and watch for exhibits and information about Lou Henry Hoover. You may wish to arrange ahead of time to have a museum tour guide help you understand exhibits **OR** request information about Lou Henry Hoover from: National Park Service, Box 607, West Branch, IA 52358. You may also find books about Lou Henry Hoover in your public library.
2. *On a world map, mark all the places Lou Henry Hoover lived. Select a country and learn about its culture by learning a song, dance, game, or craft.
3. Discuss what a "First Lady" is. Find out at least three things that Lou Henry Hoover did for Girl Scouting.
4. Go to the library/online and learn about the Boxer Rebellion. Discuss what it would be like to set up a field hospital. Volunteer to do a medically related activity or visit a local hospital to see how things are managed.

Connect:

1. *Discover Lou Henry Hoover's hobbies and interests. Find out which countries they are connected to, if applicable. Lead a younger Girl Scout troop through an activity that Lou Henry Hoover liked to do.
2. Find out about the work of a geologist. Complete a geology project. Include a younger Girl Scout troop, if possible.
3. Have a weekly meeting like Lou Henry Hoover would have had. How is this meeting different than your regular meetings?

Take Action:

1. *Complete a community project-plant a tree, do a clean up campaign, help with trail maintenance, plant flowers, etc. Find out what the community needs are and then plan a project. Have another troop assist, if possible.
2. Plant a small garden and keep a journal about what you planted and how it grew. Look up how to produce or make preserves. If you grew vegetables, try canning them.
3. Plan and go on a camping trip. Allow one activity that Lou Henry Hoover would have done on a camping trip. (fishing, geologic activity, horseback riding, etc.)