

GIRL SCOUT DAISY

FIRST SIX MEETINGS

Welcome to the World of Girl Scouting. You have chosen to be a leader for a group of young girls who will impact our world. You are touching the future. Congratulations!

This is a guide to help you plan the first six meetings of your troop. It is not designed to take the place of training. Use these suggestions as they are, delete what won't work, or add things of your own design consistent with Girl Scout program. In partnership with the girls, you have the opportunity to use your own talents and skills to create a fun, safe, and nurturing environment.

Materials needed for all meetings are troop copies of girl and adult registration forms, health forms, attendance roster, a small U.S. Flag, and a First Aid Kit. You might also have basic art supplies on hand, such as paper, scissors, yarn, glue sticks, and crayons.

PARTS OF A MEETING

A Girl Scout Daisy troop meets for 60 – 90 minutes. The order of the meeting components is flexible to meet the needs of the girls, but should include:

- **Start-Up** A simple activity to be done as girls arrive.
- **Opening** Girl Scout Promise, flag ceremony, and a simple song.
- **Business** Decision-making and information to be shared with the girls.
- **Activities** One or more program activities, followed by a healthy snack.
- **Clean Up** A Girl Scout leaves a place cleaner than she found it.
- **Closing** Song and sharing to say Good Bye until next time.

GIRL SCOUT DAISY MEETING #1

- PURPOSE** Girls and leaders get acquainted and develop a sense of belonging emphasizing Girl Scout traditions.
- SUPPLIES** Daisy Nametags * - 1 per girl (pg. 10) Daisy Petal - 1 per person * (pg. 10)
Paper plate
Promise Pictograph * (11) Glue Stick
Animal Crackers/Napkins Extra Stuffed Animals
Crayons/Plain White Paper Small cups and water
Wet Table Wiping Cloth The Story of Juliette Low (pg. 15)
2 lunch sacks, one marked "IT" and the other marked "OTHER". "IT" bag contains a slip of paper with each girl's name
- Girls: Stuffed Animal
- * indicates attachment
- START-UP** Welcome parents and girls, mark the attendance roster and hand out nametags *. Begin to develop a relationship with each girl by helping her trace her hand on a daisy petal at the craft table. Make sure the girl's name is on the petal. Introduce the girls to each other as they make the petals. Have jobs for parents who stay.
- OPENING** When it is time to start, raise your hand in the Quiet Sign. Explain when your hand goes up, everyone's hand goes up, and everyone is quiet. Use this throughout the meeting. Gather in a circle and introduce the leaders.
- Teach the girls the song "*Make New Friends.*"
- Make new friends, but keep the old,
One is silver and the other gold.*
- ~From the *Ditty Bag* by Janet E. Tobitt, by permission of GSUSA
- Introduce the Girl Scout Promise using Pictograph * and recite together.
- BUSINESS** Sit in a circle and explain that the Daisy Circle is a time when we discuss the business of the troop. Illustrate this concept by having each girl glue her petal hand around the paper plate, making a daisy. Explain that everyone here is very special and together make this troop of Daisy Girl Scouts. Share any rules such as bathroom permission and staying in the room. The buddy system is always used.

- ACTIVITIES** Continue sitting in a circle, and begin the sharing activity. Start the activity by using the “It & Other” bags. Pull a name from the “IT bag. The girl will start the sharing. (Put the name in the “OTHER” bag. When the “IT” bag is empty, put all the names back in the “IT” bag and start over.) Each girl introduces herself and her stuffed animal.
- ACTIVITIES (cont.)** When sharing time is done, gather the girls at the table and sing “*Gracias Señor*” (Thank you, God)

*Gracias Señor, Allelulia,
Gracias Señor, Allelulia,
Gracias Señor, Allelulia,
Gracias, Señor.*

Use “It & Other” bag to draw names of helpers to pass out animal crackers and drinks. When you are finished eating, each girl throws away her trash. Draw another name and that person can wipe off the table.

Sit in a circle on the floor, read the Story of Juliette Low *, and talk about things she liked to do. Go back to the table and have girls color pictures of themselves and what they like to do. Make sure that each picture has a name. Put them aside to be returned at the end of the meeting.

CLEAN UP Everyone helps.

CLOSING When your meeting place is tidy, have girls gather in a circle. Explain that in Girl Scouts we do what the girls like to do. Remind them that many of those things are the same things Juliette liked to do. The special part of this is that Juliette’s nickname was Daisy. Form a Daisy Friendship Circle by joining hands. Explain that we will be passing the friendship squeeze which you will begin by gently squeezing the hand of the girl on your left who will then squeeze the hand of the girl on her left until it gets back to you. Sing “Make New Friends” and then everyone says together: “Goodnight Daisies.”

Be sure to tell each girl that you look forward to seeing her at the next meeting and release the girl directly to her parent.

You made it! Relax and think about the uniqueness of each Girl Scout Daisy in the troop. Be sure to turn in troop registration forms to the Service Unit Registrar.

GIRL SCOUT DAISY MEETING #2

- PURPOSE** Learn the Girl Scout Promise and Girl Scout Sign. Teach respect for the American Flag.
- SUPPLIES** Poster Board
Small US Flag
Promise Pictograph * (pg. 11)
Finger Gelatin
Crayons
Glue Stick
Personal Pictographs * - 1 per girl (pg. 11)
Paper Towels
Small magazine pictures representing 3 parts of the Promise
It & Other Bags
- START-UP** Greet each girl and make her feel welcome. Have the girls go to the craft table where they can each color a personal pictograph * to take home.
- OPENING** Use the Quiet Sign. Draw a name from the "It" bag and have that girl hold the flag. Discuss that a respectful stance is to stand quietly and place the right hand over the heart. Recite the Pledge of Allegiance.
- Teach the girls to make the Girl Scout Sign by holding up their right hand and holding the pinkie down with the thumb. That leaves three fingers standing for the three parts of the Promise (God, Country, and People). Recite the Girl Scout Promise using the pictograph *. Sing "Make New Friends."
- ACTIVITIES** Sit in a circle. Take a short time to find out what has happened with them since your last meeting.
- Go to the craft table where the girls can choose pictures representing the parts of the promise. Have them glue them to a poster board, making a collage. Pictures can be added to the collage at future meetings.
- Sing *Gracias, Señor*". Draw names to serve snack and wipe the table. Have the girls serve red heart finger gelatin. (The day before the meeting: Mix 3 envelopes unflavored gelatin with 1-1/2 C cold cranberry Juice and 1-1/2 C boiling cranberry juice. Pour into baking dish. Chill. Cut with heart cookie cutter.)
- Sit in a Girl Scout Daisy Circle and discuss what it means to make a promise. Make a Juliette Low Chair by standing in a circle with shoulders touching. Everyone turns left, and on the count of three, each person gently sits down on the bent knees of the person behind her.



CLEAN UP Everyone cleans up.

CLOSING Gather in the closing circle. Sing "Good Night Daisies" (To the tune of "Good Night Ladies")

*Good Night, Daisies,
Good Night, Daisies,
Good Night, Daisies,
We're sad to see you go.*

Start the Friendship Squeeze.

GIRL SCOUT DAISY MEETING #3

☼ **BEFORE MEETING:** Order Daisy Pins from catalog received at Getting Started. You may want some extras for future new girls. This is a good time to order songbooks and tapes, as well as other printed resources.

SUPPLIES	Cookies and Milk Small US Flag Stars 4 cups Printed Investiture Invitations It & Other Bags	Promise Pictograph * (pg. 11) Red, White & Blue Poker Chips Mixing Bowl & Spoon Cookies Rubber Stamp Recipe for a Flag
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START-UP Mark attendance. Play "Daisy to Daisy" (*The Guide for Daisy Girl Scout Leaders*, copyright 1993). Have the girls pair up. (A leader might need to be a partner if there are an odd number of girls.) The leader names a body part such as Knee to Knee and each pair touches knees and holds until the next direction is given. Do this several times using different parts. When the caller says "Daisy to Daisy", all girls switch partners. Keep playing until girls have changed partners several times.

OPENING Mix up a flag using the attached handout – Recipe for a Flag * (pg. 12)
Recite the Girl Scout Promise. Song "When'er You Make a Promise":

*When'er you make a promise
Consider well its importance
And when made,
Engrave it upon your heart.*

Sit in a circle and find out what has happened since your last meeting.

Sing "Gracias, Señor". Have girls serve a snack of stars or red, white, and blue cookies.



ACTIVITIES Have girls gather in the circle and explain that at an Investiture Ceremony each girl receives her Girl Scout Daisy Pin. This is a very special time when parents can attend. The girls **vote** on what you will do:

Flag – Recipe for a Flag * or as per opening in Meeting #2.

Song – “*Make New Friends*” or “*When'er You Make A Promise*” or both.

Make thumb print daisies on the front of the parent Investiture invitation. On the inside of a folded piece of paper, pre-print time and date. Ask the parents to bring a snack to share that can be eaten on a napkin. Have girls make a daisy on the front of the invitation by drawing a yellow circle in the middle. Make petals around the yellow circle by having each girl press her index finger on a rubber stamp pad. Make sure each invitation includes the girl's name. Pass these out at the end of the meeting.

CLEAN UP Everyone cleans up.

CLOSING Form a Friendship Circle. Have girls raise their hands, then place left hands across their bodies. Lower right arms across their bodies on top of the left arms. Hold the hands of the people beside them. Sing “*Taps*”:

*Day is Done, Gone the Sun
From the Lake, From the hill, From the sky,
All is well, safely rest, God is neigh.*

By Rukard Hurd, reprinted with permission from Widener University

When done singing, everyone lifts their arms, still holding hands and twirls until they are facing the outside of the circle while saying “Good Night Daisies.”

GIRL SCOUT DAISY MEETING #4

✿ **BEFORE MEETING:** Make a Kaper Chart for future use. Rotate kapers so all girls get a chance (i.e. hold flag, lead pledge, lead Promise, serve snack, bring snack, wipe table, pass out craft supplies, lead song, start the Friendship Squeeze, general helper, start sharing, hold Promise Pictograph.)

PURPOSE Investiture Ceremony

SUPPLIES	Kaper Chart * (pg. 13)	It & Other Bags
	Promise Pictograph * (pg. 11)	Tablecloth
	Napkins	Girl Scout Daisy Pins

1. Everyone gets a partner and forms a double circle with one partner in the outside circle and one on the inside circle.
2. Practice partners grabbing hands and squatting.
3. Each circle moves around in a different direction and when the leader claps her hands, each must find their partner and squat as fast as possible. Last ones to squat are out.
4. Repeat until only one couple remains.
5. This can be done to music.

Sit in a circle and discuss investiture.

OPENING Teach a new song *"Take My Hand and Join the Fun"* (To the tune of *London Bridge*):

*Take my hand and join the fun,
Join the fun, join the fun,
Take my hand and join the fun,
Girl Scout Daisy!*

Start kapers with each girl doing her part:

Flag – Hold flag
Lead Promise
Lead *"Make New Friends"* or *"When'er You Make a Promise"*

Sit in a circle and discuss investiture.

ACTIVITIES Share with the girls that they will be doing a service project today. Explain that a service project is something you do for someone else or doing a good deed. Today you are going to make place mats. Decorate place mats by purchasing plain paper place mats.

1. Have each girl color a picture on the mat and sign her first name.
2. Have girls vote on where to donate, such as a hospital or Senior center.

Sing grace and have snack.

CLEAN UP Everyone cleans up.

CLOSING Girl chooses according to Kaper Chart

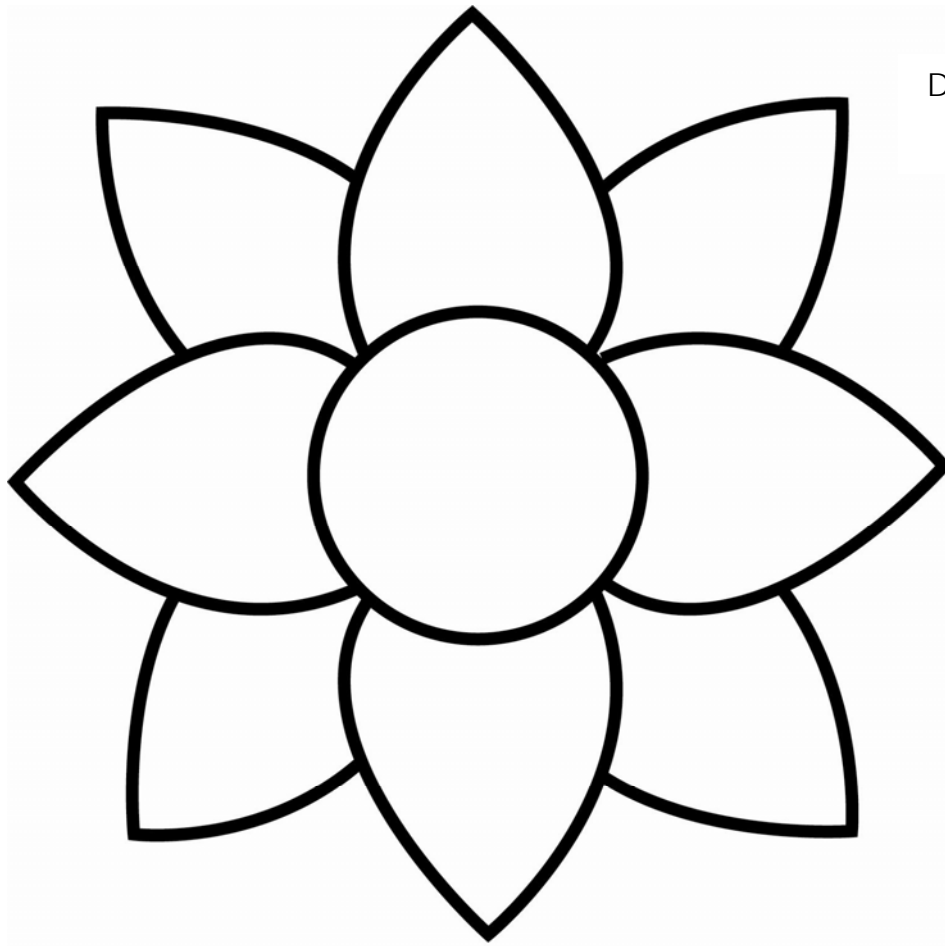
Song – *"Good Night Daisies"* or *"Taps"*
Circle – Squeeze or Twirl

Deliver place mats. (It would be nice if two Daisy Girl Scouts could accompany adult(s).) Be proud of the troop's very first service project.

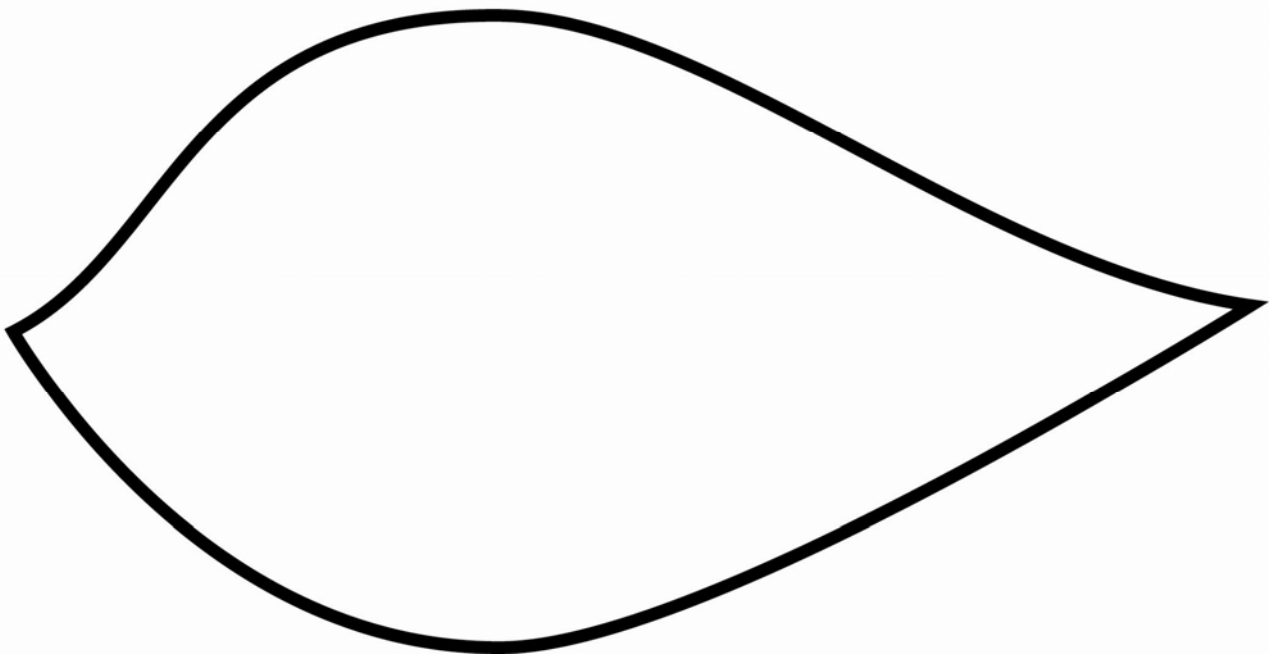
GIRL SCOUT DAISY MEETING #6

- PURPOSE** Begin planning future meeting with the girls. This would be a great time to introduce the GS Leadership Journey, In the Daisy Garden.
- SUPPLIES** Tagboard
Scissors
Scout Law The Girl Scout Promise and Law
Glue Sticks Poster * (pg. 14)
Kaper Chart * (pg. 13) Magazine pictures depicting the Girl Scout Law
- START-UP** Play a variation of last week's *Sisters* game. Start with partners, but change partners to whoever is standing in front of them in the circle when it is time to squat.
- OPENING** *"Take the Hand of a Girl Scout Daisy"* See Kaper Chart
- Introduce girls to the Girl Scout Law by having leaders read the Law. See Kaper Chart.
- Sit in a circle for sharing time. Show the girls the "In the Daisy Garden" book and explain what an adventure they will be going on.
or
Sit in a circle for sharing time. Ask the girls what they like to do. Make a Program Choice for next two meetings. Offer the following options or others and then vote:
1. Out of doors – Explore sights, sounds and smells outside
 2. Cooking – Make Granola Treat and Party Punch
 3. Music – Make musical instruments
 4. Other - ?
- ACTIVITIES** Have each girl assist in making a collage about the Girl Scout Law from magazine pictures. Have them share.
- See Kaper Chart for snacks.
- CLEAN UP** See Kaper Chart
- CLOSING** See Kaper Chart

Have a Leader Meeting to plan chosen activities and who is responsible for what. Have and enjoy investigating lots of activities with Girl Scouts Daisy!

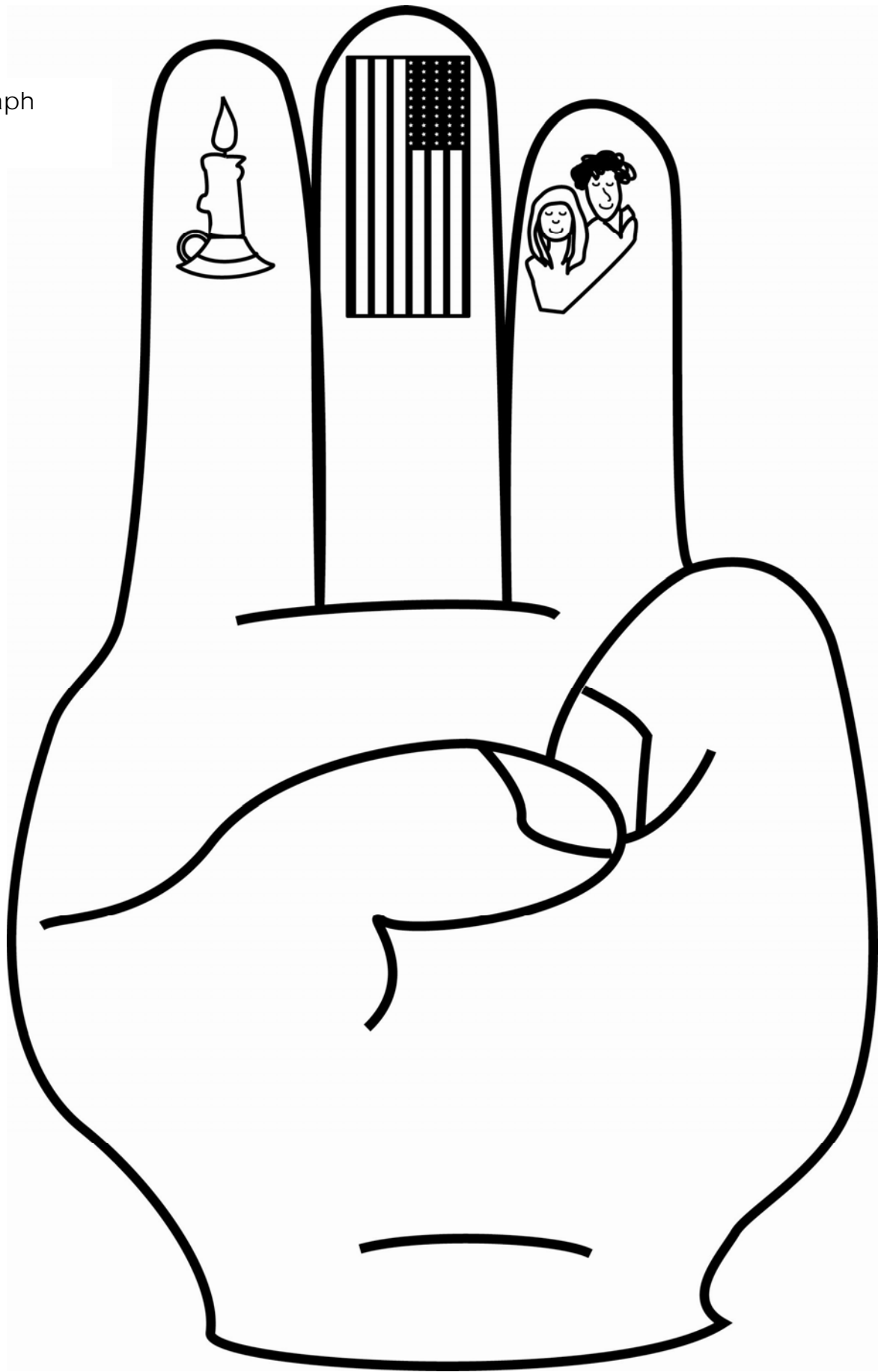


Daisy Nametag



Daisy Petals

Promise Pictograph

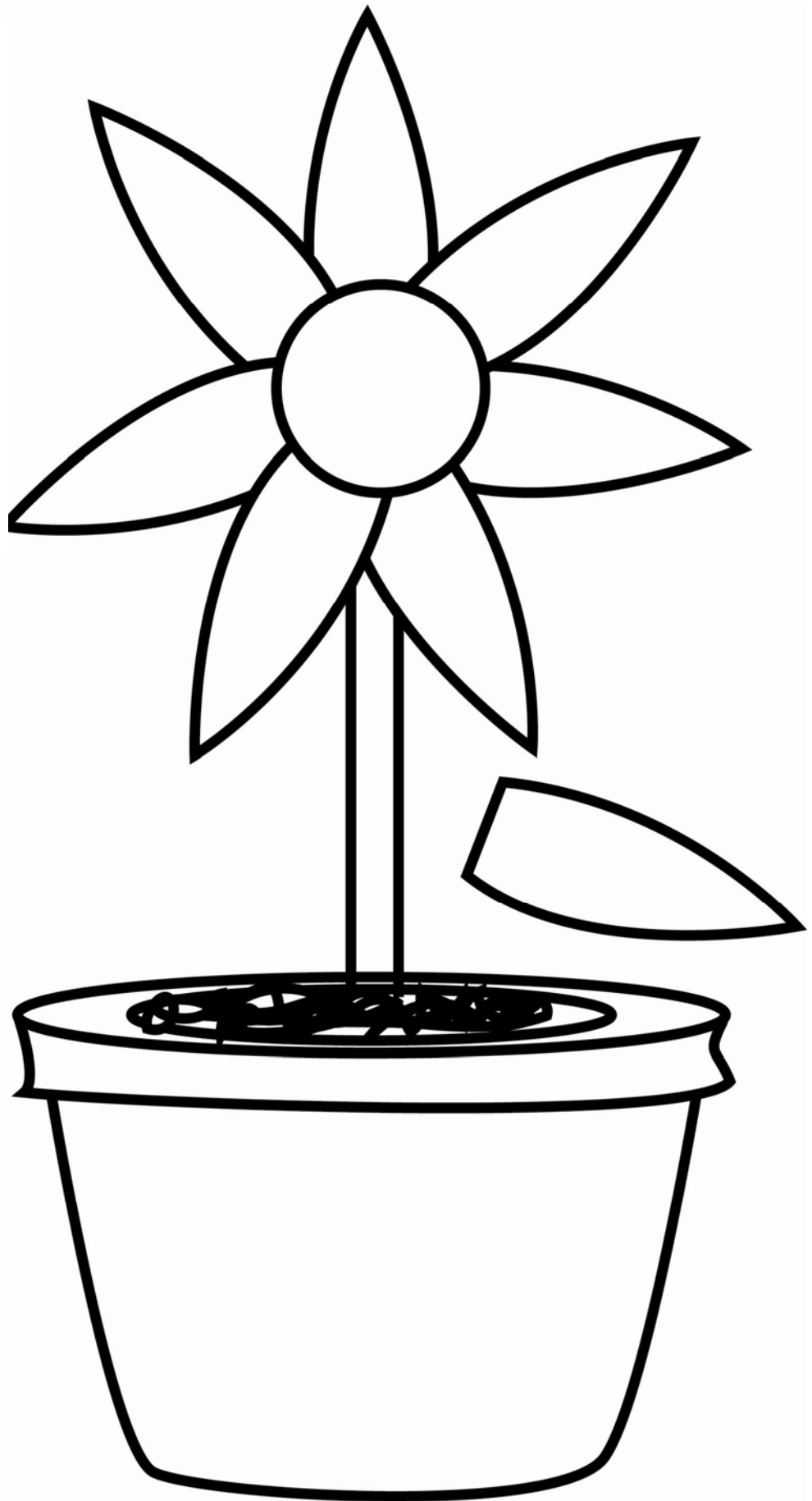


RECIPE FOR A FLAG

Equipment	1 cups with Red, White, and Blue Poker Chips separated by color 1 cup Stars Large Spoon/Mixing Bowl Small folded American Flag (placed in bowl)
Daisy Girl Scouts	Leaders do all the reading and girls pour ingredients into bowl, stir, pull out flag, unfold, and hold flag.
Brownie Girl Scouts	Girls can read or recite parts. This can be done in pairs also.
1st Person	We are going to fix for you, a treat that's really grand, and make for you a recipe, the greatest in the land.
2nd Person	First, we will put in a heaping cup of red, for courage true.
3rd Person	And then we will add loyalty, a dash of heavenly blue.
4th Person	For purity we will now sift a layer of snowy white.
5th Person	We will sprinkle in a pinch of stars to make it come out right.
6th Person	We will stir and stir and then you'll see, what we have made is "Old Glory."
7th Person	Our flag is the most beautiful flag in the world. Let us always be loyal to it. Please stand and join me in saying the "Pledge of Allegiance."

Kaper Chart Directions

1. Enlarge the daisy and cut the petals out of yellow tag board, writing each girl's name on a separate petal.
2. Cut two circles out of white tag board for the center of the daisy.
3. On one circle write the kapers.
4. Mount the first circle on top of the second circle with a center brad so the top circle will rotate.
5. Mount the enlarged daisy on a 1 / 2" dowel and place in a flowerpot for stability.



PROMISE POSTER AND LAW POSTER

Print the Girl Scout Promise and the Girl Scout Law on Poster Boards with markers. Make sure that the printing is large enough to be read by the entire group.

The Girl Scout Promise

On my honor, I will try:

To serve God and my country,
To help people at all times,
And to live by the Girl Scout Law.

La Promesa de las Girl Scouts

Por mi honor, yo trataré:

De servir a Dios, y a mi patria,
Ayudar a las personas en todo momento,
Y vivir conforme a la Ley de las Girl Scouts.

The Girl Scout Law

I will do my best to be:

honest and fair,
friendly and helpful,
considerate and caring,
courageous and strong, and
responsible for what I say and do,

and to

respect myself and others,
respect authority,
use resources wisely,
make the world a better place, and
be a sister to every Girl Scout.

La Ley de las Girl Scouts

Yo me esforzare a:

ser honrada y justa,
cordial y servicial,
considerada y compasiva,
valiente y fuerte, y
responsable de lo que digo y hago,

y a

respetarme a mi misma y a los
demás,
respetar la autoridad,
usar los recursos de manera
prudente,
hacer del mundo un lugar mejor, y
ser hermana a cada una de las Girl
Scouts.

THE STORY OF JULIETTE LOW

Divide into seven groups; these will be Little Girls, Juliette Low, Georgia, London, Lord Baden-Powell, Boy Scouts, and Girl Scouts.

Sound effects:	Little Girls	Stand and Giggle
	Juliette Low	Curtsy and say "Glad to meet you"
	Georgia (State of)	Say "Hey, y'all"
	Lord Baden-Powell	Bow formally and say "How do you do"
	London	Sing "London Bridge is falling down"
	Boy Scouts	Make Scout sign, say "Prepared"
	Girl Scouts	Sing one line "Girl Scouts Together"

Once upon a time, there was a **little girl** named **Juliette Low** who lived in **Georgia** and loved to ride horses. After she grew up she went to **London** where she met **Lord Baden-Powell** who founded **Boy Scouts**. She was fascinated by the work he was doing. She studied with him awhile and decided to found a troop of **Girl Scouts** for her little friends in **Georgia**. So **Juliette Low** said goodbye to the **Boy Scouts** in **London** and came home with the idea that **Lord Baden-Powell** gave her. She formed a group of **little girls**, who liked to be together, into a troop of **Girl Scouts**. And they loved it so much that the idea spread and now there are troops all over the world.

Aren't we glad that a (speed up here)
Little girl named
Juliette Low from
Georgia who liked
Horses went to
London and met
Lord Baden-Powell, founder of the
Boy Scouts, and came home to start the
Girl Scouts.

(Adapted from a 1965 story by Junior Girl Scout troop 125)