

# **GIRL SCOUT BROWNIE FIRST SIX MEETINGS**

Welcome to the World of Girl Scouting. You have chosen to be a leader for a group of young girls who will impact our world. You are touching the future. Congratulations!

This is a guide to help you plan the first six meetings of your troop. It is not designed to take the place of training. Use these suggestions as they are, delete what won't work, or add things of your own design consistent with Girl Scout program. In partnership with the girls, you have the opportunity to use your own talents and skills to create a fun, safe, and nurturing environment.

Prepare by reading the basic resources and handbooks that were presented at Welcome to Girl Scouting (orientation).

Materials needed for all meetings are troop copies of girl and adult registration forms, health forms, insurance claim form, Emergency Procedures form, attendance roster, dues roster, U.S. Flag, and a First Aid Kit. You might also want to have basic art supplies on hand such as paper, yarn, scissors, glue, pencils, crayons, and markers.

## **PARTS OF A MEETING**

A Girl Scout Brownie troop meets 1 ½ to 2 hours. The order of the meeting components is flexible to meet the needs of the girls, but should include:

- **Start-Up**            A simple activity to be done as girls arrive.
- **Opening**            The Girl Scout Promise and a flag ceremony.
- **Business**            Decisions and/or information to be shared with the girls.
- **Activities**            One or more program activities.
- **Clean Up**            A Girl Scout leaves a place cleaner than she found it.
- **Closing**            Song and sharing to say Good Bye until next time.

## **GIRL SCOUT BROWNIE MEETING #1**

**PURPOSE** Girls and leaders get acquainted and develop a sense of belonging emphasizing Girl Scout traditions.

**SUPPLIES**

Visor Pattern* (pg. 10)	Poster Board
Yarn or Elastic Thread	Brads (2 per visor)
Markers	Pipe Cleaners
Beads	The Girl Scout Promise and Law Poster *
Apple Slices	(pg.11)
Peanut Butter	Table Knives
Wet Clean up Cloth	Mini-Marshmallows
	The Story of Juliette Low (pg.19)

It & Other Bags - 2 lunch sacks, one marked "IT" and the other marked "OTHER". The "IT" bag contains a slip of paper with each girl's name

\* Indicates attachment

**START-UP** Welcome parents and girls, mark the attendance roster, and collect dues. Show each girl to the craft table where she can trace, cut out, and decorate a visor \*. Make sure her name is on the front. Attach yarn or elastic thread to each side with brads. Everyone wears this as a nametag.

**OPENING** Raise your hand in the Quiet Sign (right hand high in the air) and explain when your hand goes up, everyone's hand goes up, and everyone is quiet. Use this throughout the meeting. Gather in a circle and introduce the leaders.

*Hello, Hello:*

*Hello, Hello, Hello, Hello We are glad to meet you*

*We are glad to greet you*

*Hello, Hello, Hello, Hello*

Help everyone do the Girl Scout Sign by holding up the right hand, elbow bent, fingers up while holding the pinkie down with the thumb. This leaves three fingers standing for the three parts of the Promise. Hold up the Promise Poster and read the Girl Scout Promise together.

Play a memory game. The first girl says, "My name is \_\_\_\_ \_\_\_\_" (second word rhymes with your first name, i.e. Emily Gemily). The next girl will say, "My name is \_\_\_\_ \_\_\_\_ (Carrie Berry) and that is \_\_\_\_ \_\_\_\_ (Emily Gemily) repeating all of those who have gone before her. To pick the first girl, pull a name from the "IT" bag. Put the name in the "OTHER" bag.

**BUSINESS** Sit in a circle (Brownie Ring). Tell the girls that when they want to talk, they put two fingers on the floor in front of them. Talk about any rules such as

going to the restroom, leaving the room and checking in. Be sure to include the buddy system (everyone takes a partner).

**ACTIVITIES** Sing the *Brownie Smile Song* and talk about how this is going to be a place where we smile a lot.

*I've got something in my pocket,  
It belongs across my face,  
I keep it very close at hand in a most convenient place.  
I'm sure you couldn't guess it  
If you guessed a long, long while,  
So I'll take it out and put it on –  
It's a great big Brownie Smile!*

By Harriet Heywood, reprinted by permission from GSUSA

Divide into small groups of 6 – 7 and assign an adult to each group. Have girls make edible smiles by spreading peanut butter on two apple slices, placing several mini-marshmallows on the red edge of the apple slice and putting slices together to form a smile.

*Gracias Señor, Allelulia,  
Gracias Señor, Allelulia,  
Gracias Señor, Allelulia,  
Gracias, Señor.*

Eat and have each girl clean up after herself. Pull a name from the "IT" bag to wipe the table. Put the name in the "OTHER" bag.

Use same small groups to make friendship bracelets by putting a few beads on a pipe cleaner and entwining the pipe cleaner to fit on the wrist. Have everyone make two, one to keep, and one to share at closing.

Learn about Juliette Low by doing the attached action skit \* (1.9).

**CLEAN UP** Everyone helps.

**CLOSING** Gather in a circle. Form a Friendship Circle by joining hands. Explain that you will be passing friendship around the circle. Everyone gives a friendship bracelet to the girl on her left starting with the leader. When this has completed the circle, the leader explains that she will start the friendship squeeze by gently squeezing the hand of the person on her left, who will then squeeze the hand of the girl next to her until the squeeze gets back to the leader. Sing *Make New Friends*. All say together "Goodnight Brownies" at the end.

*Make new friends,  
But keep the old,  
One is silver and the other gold.*

From the *Ditty Bag*, Janet E. Tobbit

Tell each girl that you look forward to seeing her at the next meeting as you dismiss her directly to her parent.

You made it! Relax and think about the uniqueness of each Girl Scout Brownie in the troop. Be sure to turn in troop registration forms to the Service Unit Registrar.

## **GIRL SCOUT BROWNIE MEETING #2**

- PURPOSE** Learn the Girl Scout Promise and share the Girl Scout Brownie Story.
- SUPPLIES** Paper Sacks  
Markers  
Scissors  
Popcorn & Oil  
Bowls & Cups  
Brownie Girl Scout Story \* (pg. 12-13)  
Construction Paper  
Glue  
Flag Ceremony \* (pg. 14)  
Popcorn Popper  
2 Sets of Promise Relay words
- START-UP** Have girls pretend to be popping popcorn. Girls jump up and down; as the popper heats, the popcorn jumps faster; as the popcorn touches, it sticks together until eventually there is one giant popcorn ball.
- OPENING** Use the "IT" bag to choose four girls to be in the flag ceremony: Caller, Flag Bearer, 2 Color Guards. Follow basic ceremony guide \*. Sing the *Brownie Smile Song*.
- BUSINESS** Sit in a Brownie Ring. Collect dues and take attendance. Discuss what the word promise means. Sing *When'er You Make a Promise*:
- When'er you make a promise  
Consider well its importance  
And when made,  
Engrave it upon your heart.*
- ACTIVITIES** Divide girls into two groups. Have one group do activity "a" and one group do activity "b". Switch activities a. Share Brownie Story \*. b. Make paper sack puppets of themselves. Decorate with construction paper using the bottom of the folded sack for the mouth. Practice reciting the Twist Me, Turn Me Poem from the story using the puppets.
- Make popcorn and watch it pop. Sing *Gracias, Señor*.
- Mix up the promise word sheets. Have the girls lay the words on the floor to form the Promise. Have a duplicate set of words and divide the girls into two teams having a Promise Relay to see who can get done more quickly.
- CLEAN UP** Everyone cleans up.

**CLOSING** Have girls gather in the Friendship Circle putting their right arm over the left and grabbing the hands of the girls next to them.

*Day is done, Gone the sun  
From the lake, From the hill, From the sky,  
All is well, safely rest, God is nigh.*

By Rukard Hurd, reprinted with permission from Widener University

Lift arms and twirl while saying "Goodnight Brownies".

Order the Girl Scout Brownie pins for the Investiture Ceremony. You might want extras for future Brownies. This is a good time to order the Leadership Journey books, the Brownie Quest" . song books and tapes, as well as other printed resources.

### **GIRL SCOUT BROWNIE MEETING #3**

**PURPOSE** Plan the Investiture Ceremony.

<b>SUPPLIES</b>	White Paper with Stars	The Girl Scout Promise and Law
	Scissors	Poster * (pg. 11)
	Recipe for a Flag * (pg. 15)	Stamp Pad
	Pre-printed invitations	Fine Markers
	Animal Crackers/Drink	Glue
	10 sheets tag board with Law	Napkins/Cups
	Red & Blue Poker Chips	Magazine Pictures

**START-UP** Cut stars to be used in flag ceremony. (Have some extras made ahead.)

**OPENING** Use "IT" & "OTHER" bags to choose people for the Recipe for a Flag Ceremony \* per attached instructions.  
Recite Promise  
Sing *When'er You Make a Promise*  
Read Law Together

**BUSINESS** Gather in the Brownie Ring. Collect dues and mark attendance.

**ACTIVITIES** Divide girls into two groups and do activities for activities "a" and "b" the swap.

- a. Make Investiture invitations using paper folded in half with pre-printed invitation inside. Be sure to include time & place for the Investiture Ceremony. Indicate that they are to bring a snack to share that can be eaten on a napkin. The girls can make a fingerprint picture on the cover. Have them press their fingers on a stamp pad, then on the covers of the invitations. These can be grouped in a bunch and made into a balloon bouquet by drawing attaching strings or made into animals by adding faces and legs.

- b. Make a collage by gluing magazine pictures on Law Posters.

Serve a snack of animal crackers.

*Back of the bread is the flour  
And back of the flour is the mill  
And back of the mill is the wind and the rain and  
The Father's will.*

## **BUSINESS**

Discuss that you will be having a very special ceremony at the next meeting called Investiture and Rededication where new girls receive their Girl Scout Brownie Pin. If a girl has been a Girl Scout previously and received her pin, she simply rededicates herself to the Promise and Law.

**Plan** the ceremony by having them vote on what to include:

- Flag Ceremony – the girls' basic ceremony or Recipe for a Flag
- Songs – *Brownie Smile Song, Make New Friends, Hello, Hello, or When'er You Make a Promise* or a combination
- Grace – *Back of the Bread* or *Gracias, Señor*

## **CLEAN UP**

Everyone cleans up.

## **CLOSING**

Line up in pairs facing each other. Join hands with partner and hold them up between forming a Magic Arch. Leaders are at head. As you sing, each pair will walk through the arch and go gather their things to go home. Sing *Goodnight Brownies* (To the tune of Goodnight Ladies):

*Goodnight, Brownies.  
Goodnight, Brownies  
Goodnight, Brownies  
It's sad to see you go.*

Make Kaper Chart for next meeting. Divide the girls into groups of 6 – 8 and assign each group a kaper. ie., Flag Ceremony, Opening Song & Promise, Snack, Closing. Chart kapers and groups on poster board to be posted at all meetings.

## **GIRL SCOUT BROWNIE MEETING #4**

### **PURPOSE**

Investiture Ceremony

### **SUPPLIES**

Motto Poster: Be Prepared

Masking Tape

Tablecloth

Lemonade

The Girl Scout Promise and Law Poster

Slogan Poster: Do a good turn  
daily

Brownie Girl Scout Pins

Napkins & Cups

Kaper Chart



- START-UP** Have girls color with markers to decorate slogan and motto posters. Talk about what they mean as you work. Tape on walls.
- OPENING** Practice Flag Ceremony and songs voted on last week. Assign who does what by using It & Other bags.
- BUSINESS** Collect dues & take attendance. Learn Girl Scout Handshake, which is done by shaking hands left-handed while making the Girl Scout sign with the right hand. Practice with each other. Vote on the closing and song for the ceremony – Magic Arch or Friendship Circle – *Taps* or *Goodnight, Brownies*.
- ACTIVITIES** Greet parents as they arrive and show them where to sit.  
  
Investiture Ceremony:
  - a. Flag Ceremony
  - b. Recite Promise & Law
  - c. Sing
  - d. Place each girl’s pin on her left side, over her heart and give her the Girl Scout Handshake (pins can be pinned upside down and then turned right side up when they do their first good deed).
  - e. Girls serve refreshments and pick up when done. Make announcements including that you will begin using a Kaper Chart at the next meeting. Explain the duties (especially snack).
- CLEAN UP** Have girls pick up and tidy the room.
- CLOSING** Do closing that the girls chose earlier in the meeting.

Congratulations! Your troop has dedicated themselves to the Girl Scout Promise and Law, the basic foundation of all Girl Scout Program. You are well on your way to helping build girls of courage, confidence and character who make the world a better place.

## **GIRL SCOUT BROWNIE MEETING #5**

- PURPOSE** Use a Kaper Chart and do a service project.
- SUPPLIES**

Jump Ropes, Chalk, or Jax	Paper Towels
Paper Box Pattern * (pg. 16)	Bubble Solution
Tubs for Bubbles	Straws and other bubble blowers
Bubbles Ingredients	Plastic Bubble Solution Containers
Scissors	Markers
Construction Paper	



**START-UP** Provide games that can be done inside or out with small groups of girls. (Jump Ropes, Hopscotch, Jax)

**OPENING** Per Kaper Chart

**ACTIVITIES** Cut out paper boxes \* and fold. Mark with name to take home at the end of the meeting.

Sing grace and have snack (per Kaper Chart)

Using the groups on the Kaper Chart, have girls do bubble activities. Blow Bubbles – Have a container of bubble solution made 1 – 2 days before the meeting. Ingredients: 1 Gallon Water, 40 drops glycerin, ½ C Dishwashing liquid. Do this activity outside if possible. If not, set up stations with tubs with a couple of inches of solution in each. Use bubble makers or straws to blow bubbles. Look at the colors and shapes. Can you make a bubble in a bubble? What happens when 2 bubbles touch?

In the same groups, mix bubble solution to give away as a service project. Bottle it in plastic containers.

**BUSINESS** Collect dues and mark attendance. Decide where to donate bubbles (i.e., Kindergarten, Pre-school, Headstart) Make a card to attach. Talk about service being something you do for others.

**CLEAN UP** Everyone cleans up.

**CLOSING** Per Kaper Chart

Don't forget to touch base with your Service Unit Director with any questions or just plain moral support. She is there to help.

## **GIRL SCOUT BROWNIE MEETING #6**

**PURPOSE** In partnership with the girls, plan activities for future meetings.

<b>SUPPLIES</b>	Big Paper	Masking Tape
	5 Construction Paper Fish per girl * (1.7)	1 Tag board per girl
	Yarn Painting Fish Pattern * (pg. 17)	Pencils
	Paper	Markers
	Glue	Yarn

**START-UP** Jump Rope/Hopscotch/Jax

**OPENING** Per Kaper Chart

**BUSINESS** Play a planning game with the girls.

- a. Girl's pair up and search the handbook for things they like to do. Have each pair write down three things they like.
- b. Come back together and share the lists while a leader writes the activities on a large piece of paper taped to the wall. No negative comments are made while girls are reporting.
- c. Discuss. Do you have the money, time, and weather, etc?
- d. Pass out five fish to each girl who writes one activity from the big activity sheet on each fish. Play the fish game. Tell the girls they have caught all these fish and they can't possibly eat them all, so they should put one in the freezer to eat later (collect and keep separate). Tell the girls that they still can't possibly eat all those fish and have them toss one back in the lake (throw in middle of circle). The cat then eats one of the fish (place another in the circle). Have them give one fish to the neighbor down the street (put another in the circle).
- e. The girls take turns sharing the remaining activity (fish). The leader keeps a tally of what activities are chosen and how many on the original activity paper. If more options are needed, pull out the freezer fish. Explain that you will be doing these activities at future meetings.

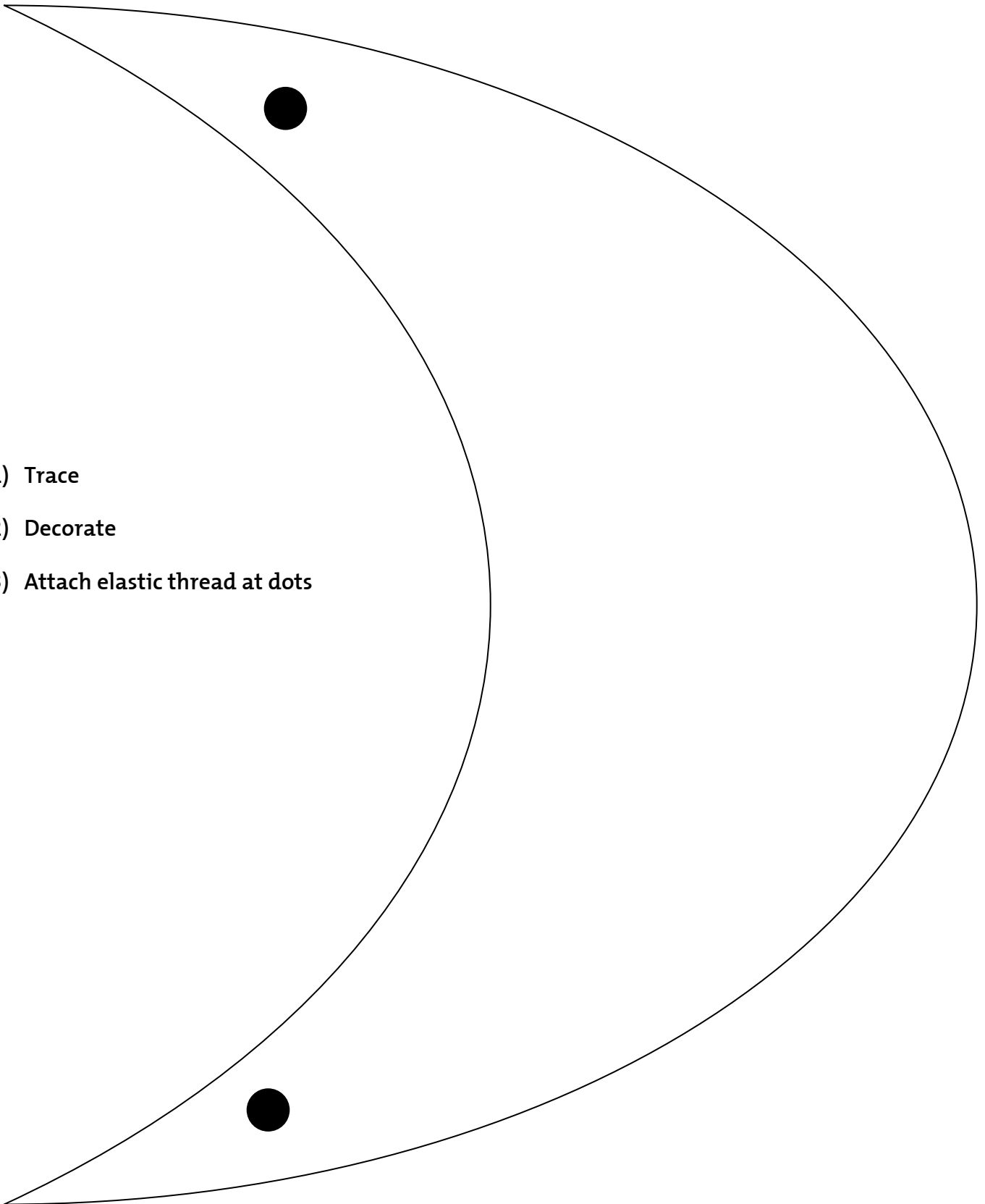
**ACTIVITIES**    Snack and Grace (Kaper Chart)

Divide into Kaper Chart groups and make a Mexican Yarn Painting \* of a fish. Each girl traces a fish on a piece of tag board. Outline the fish with glue. Place yarn on glue following the lines. Get fancy and use different colors and layers or use glue 7 yarn to make dots or stripes on the fish.

**CLEAN UP**    See Kaper Chart

**CLOSING**    See Kaper Chart

Check the Brownie Girl Scout Handbook. You will be surprised at how many things you have done toward earning the Try-It Patches. Now try working in the Leadership Journey book, the Brownie Quest. Have fun!



- 1) Trace
- 2) Decorate
- 3) Attach elastic thread at dots

## Promise and Law Poster

Print the Girl Scout Promise and the Girl Scout Law on Poster Boards with markers. Make sure that the printing is large enough to be read by the entire group.

### The Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law.

### La Promesa de las Girl Scouts

Por mi honor, yo tratare:  
De servir a Dios, y a mi patria,  
Ayudar a las personas en todo momento,  
Y vivir conforme a la Ley de las Girl Scouts.

### The Girl Scout Law

I will do my best to be:  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong, and  
responsible for what I say and do,  
and to  
respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place, and  
be a sister to every Girl Scout.

### La Ley de las Girl Scouts

Yo me esforzare a:  
ser honrada y justa,  
cordial y servicial,  
considerada y compasiva,  
valiente y fuerte, y  
responsable de lo que digo y hago,  
y a  
respetarme a mi misma y a los demas,  
respetar la autoridad,  
usar los recursos de manera prudente,  
hacer del mundo un lugar mejor, y  
ser hermana a cada una de las Girl Scouts.

## The Brownie Story

This story was adapted from a tale told at the beginning of Brownie Girl Scouting in 1926.

Mary and Tommy lived with their father and grandmother in a cabin near the woods. Their father worked very hard all day. Their grandmother was too old to do the housework. Their father tried his best to keep the house clean. Mary and Tommy didn't help him much. They just played all day long. "What this house needs is a brownie or two," said their grandmother, looking around the messy house. "What is a brownie, Granny?" asked Mary.

"A very helpful little person, " answered their grandmother. "She'd come in before the family was up and did all sorts of chores. The brownie always ran off before anyone could see her, but they could hear her laughing and playing about the house sometimes. Brownies always helped for love."

"Oh, Granny, where are the brownies now?" asked Tommy

"Only the Wise Old Owl knows, my dear."

That night, Mary could hardly sleep. She kept thinking about the brownie. "There's an owl living in the old shed by the pond, " she thought. "If it is the Wise Old Owl, she can tell me where to find a brownie." Mary got out of bed and hurried to the pond in the woods.

"Hoo! Hoo!" said a voice behind her.

"It's an owl! Maybe it's the one I am looking for, " said Mary. "Please, " asked Mary of the owl, "where can I find a brownie to come and live with us?"

"Well, Mary," said the owl, "I can tell you how to find one of the brownies. Go to the pond when the moon is shining and turn yourself around three times while you say this charm"

"Twist me and turn me and show me the elf.  
I looked in the water and saw \_\_\_\_\_."

Then look into the pond to see the brownie. When you see the brownie, you will think of a word that ends the magic rhyme."

Mary turned and ran to the pond. She slowly turned herself around three times while she said the rhyme"

"Twist me and turn me and show me the elf.  
I looked in the water and saw \_\_\_\_\_."

She stopped, looked into the pond, and saw only her own face. "Belf! Helf! Jelf" Melf!" All those words rhymed with elf but they didn't mean anything. Suddenly, she gasped. "Myself! I see nothing but myself. I'm a Brownie!" said Mary.

Mary went home and back to bed. In the early morning, she told Tommy what had happened. Together they crept downstairs and did every bit of work they could find to do before their father woke up. Then they hid in the kitchen so he wouldn't see them.

When father came downstairs, he looked around and rubbed his eyes. The table was set, the floor was clean, and the room was as bright and shiny as a new penny.

At first, Father could not say a word. Then he ran to the foot of the stairs, shouting, "Mother! Our brownie has come back!"

"Thank Goodness!" said Grandmother. "Where is she?" Father heard laughter coming from the kitchen.

"It must be the brownie, " he said. He opened the kitchen door, and saw Mary and Tommy dancing around the room.

"What's this?" he asked, his eyes twinkling. "Where are the real brownies?"

"Here we are!" yelled Mary and Tommy as they ran into their father's arms.

*Brownie Girl Scout Handbook, 2000.*

## Basic Flag Ceremony

<b>Materials</b>	American Flag
<b>Participants</b>	Flag Bearer 1 Color Guards Caller Troop standing in horseshoe at attention
<b>Caller</b>	<p>"Color Guard Advance" The Color Guard advances to the open end of the horseshoe with the flag going first.</p> <p>" Girl Scouts, honor the flag of your country" The group salutes the American Flag by placing their right hands over their hearts.</p> <p>" Girl Scouts, recite the Pledge of Allegiance" Keep hand on heart. Color Guard and Bearer do not recite.</p> <p>"Girl Scouts, join me in the Girl Scout Promise" Color Guard and Bearer do not recite.</p> <p>"Color Guard retire the colors" Color Guard and Bearer leave.</p> <p>"Girl Scouts dismissed" All at ease.</p>

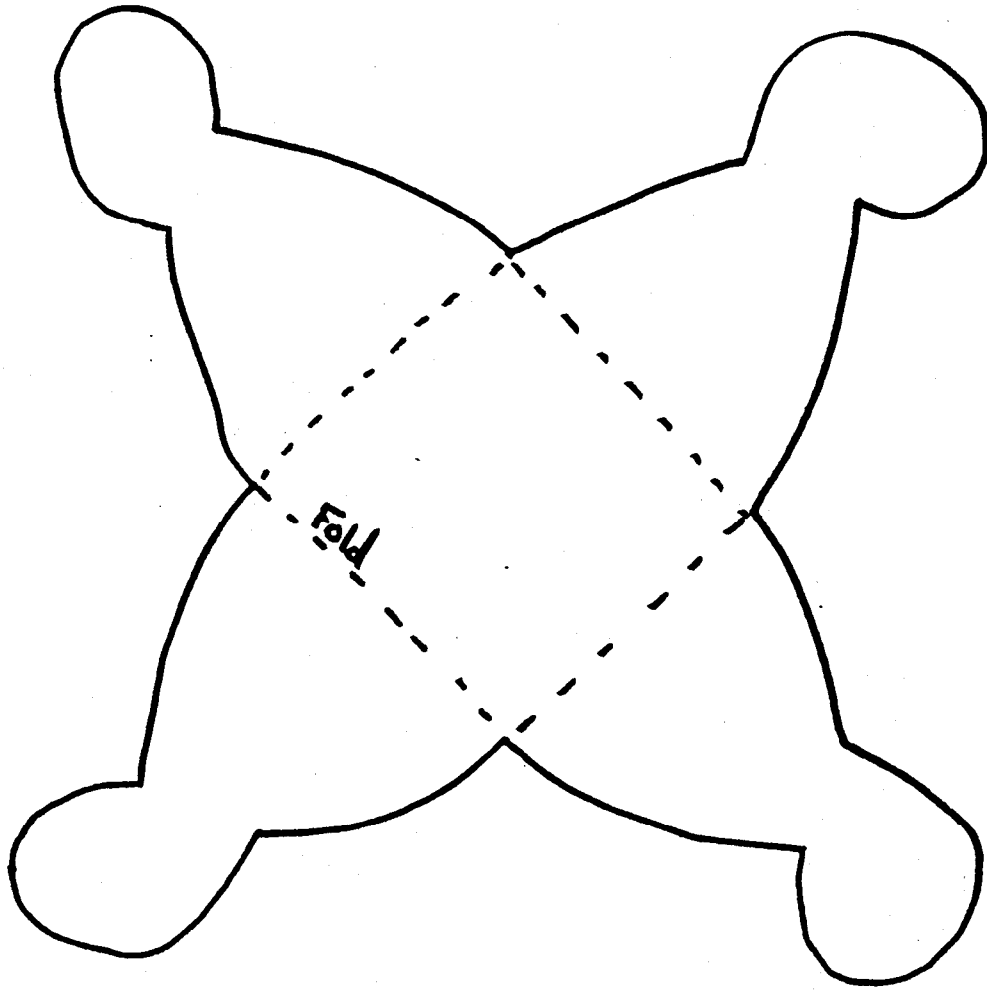
Adapted from:

*Guide for Brownie Girl Scout Leader*

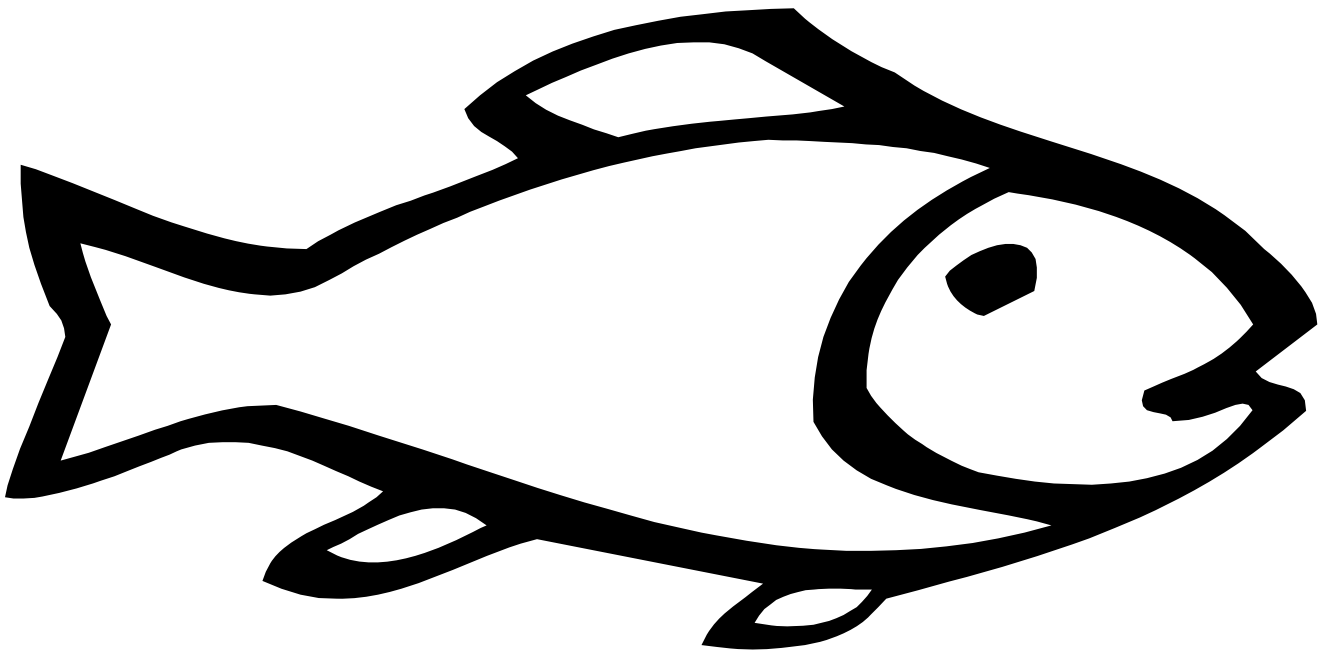
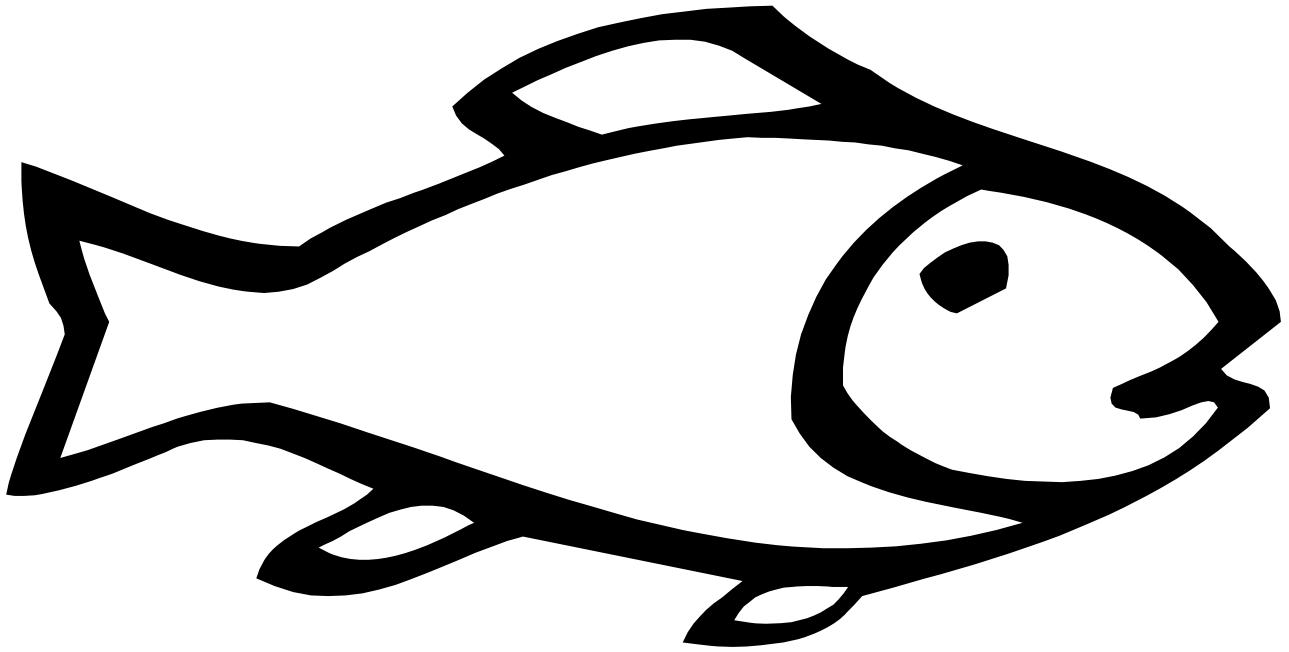
The Flag Bearer will find the flag more in control if she places her left arm across her waist and grasps the pole at waist height. The right arm extends up the pole and grasps the pole just below the flag. Adjust this until the flag is steady and the girl comfortable.

## Recipe for a Flag

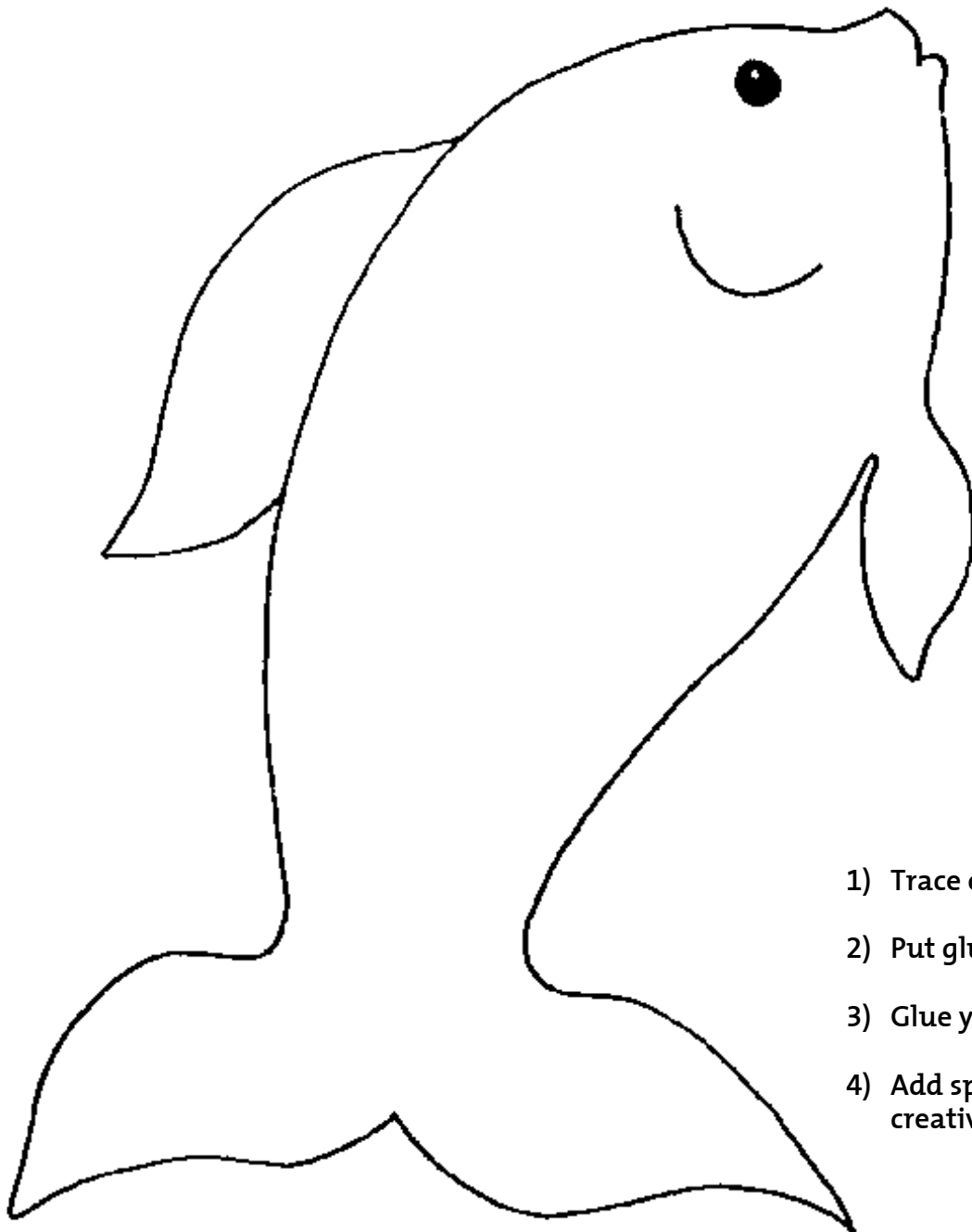
<b>Equipment</b>	2 cups with Red, White, and Blue Poker Chips separated by color 1 cup Stars      Large Spoon/Mixing Bowl Small folded American Flag (placed in bowl)
<b>Brownie Girl Scouts</b>	Leaders do all the reading and girls pour ingredients into bowl, stir, pull out flag, unfold, and hold flag.
<b>Brownie Girl Scouts</b>	Girls can read or recite parts. This can be done in pairs also.
<b>1<sup>st</sup> Person</b>	We are going to fix for you, a treat that's really grand, and make for you a recipe, the greatest in the land.
<b>2<sup>nd</sup> Person</b>	First, we will put in a heaping cup of red, for courage true.
<b>3<sup>rd</sup> Person</b>	And then we will add loyalty, a dash of heavenly blue.
<b>4<sup>th</sup> Person</b>	For purity we will now sift a layer of snowy white.
<b>5<sup>th</sup> Person</b>	We will sprinkle in a pinch of stars to make it come out right.
<b>6<sup>th</sup> Person</b>	We will stir and stir and then you'll see, what we have made is "Old Glory."
<b>7<sup>th</sup> Person</b>	Our flag is the most beautiful flag in the world. Let us always be loyal to it. Please stand and join me in saying the "Pledge of Allegiance."



- 1) Trace on heavy paper
- 2) Cut
- 3) Decorate
- 4) Fold



## Yarn Painting Fish Pattern



- 1) Trace on tag board
- 2) Put glue on lines
- 3) Glue yarn on lines
- 4) Add spots or stripes to be creative.

## The Story of Juliette Low

Divide into seven groups; these will be Little Girls, Juliette Low, Georgia, London, Lord Baden-Powell, Boy Scouts, and Girl Scouts.

Sound effects:	<b>Little Girls</b>	Stand and Giggle
	<b>Juliette Low</b>	Curtsy and say "Glad to meet you"
	<b>Georgia (State of)</b>	Say "Hey, y'all"
	<b>Lord Baden-Powell</b>	Bow formally and say "How do you do"
	<b>London</b>	Sing "London Bridge is falling down"
	<b>Boy Scouts</b>	Make Scout sign, say "Prepared"
	<b>Girl Scouts</b>	Sing one line "Girl Scouts Together"

Once upon a time, there was a **little girl** named **Juliette Low** who lived in **Georgia** and loved to ride horses. After she grew up she went to **London** where she met **Lord Baden-Powell** who founded **Boy Scouts**. She was fascinated by the work he was doing. She studied with him awhile and decided to found a troop of **Girl Scouts** for her little friends in **Georgia**. So **Juliette Low** said goodbye to the **Boy Scouts** in **London** and came home with the idea that **Lord Baden-Powell** gave her. She formed a group of **little girls**, who liked to be together, into a troop of **Girl Scouts**. And they loved it so much that the idea spread and now there are troops all over the world.

Aren't we glad that a (speed up here)  
**Little girl** named  
**Juliette Low** from  
**Georgia** who liked  
Horses went to  
**London** and met  
**Lord Baden-Powell**, founder of the  
**Boy Scouts**, and came home to start the  
**Girl Scouts**.

(Adapted from a 1965 story by Junior Girl Scout troop 125)